

Walking Track Membership

\$25 for 10-visits

Don't let winter get you down. We offer a safe, friendly, and comfortable place to walk. Walking is a great exercise. Daily exercise will help to improve your health. Get started today.

Where: Rehab Plus, 181 Dale Ave, Timmins, ON

Time: Monday-Friday 6 am-10pm, Saturday & Sunday 8am-4pm



264-4050

181 Dale Ave, Timmins



Rehab Plus
Rehabilitation & Fitness Centre

